

Total Lawns

# NEWSLETTER

January – February 2026

Happy new year to you all, and hope this will find you well. We want to offer you our professional advice and regular updates on our services, to ensure your lawns and gardens are ready heading into spring and beyond. By offering this newsletter, it gives us the opportunity to keep in touch much more on a regular basis, and to highlight anything new upon the arisen within our business. We will aim to produce this for you every couple of months, so you are always in the know of what is occurring.

2025 for us saw the return of some services to the business, which you should see appear on your emails at the bottom of the page. We thank those who have chosen to take part in these services, and for those who have kindly recommended us.



**total lawns**  
Landscape Gardening & Lawn Care

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## **Winter to Early Spring Lawn Care: Protect and Revive Your Lawn in Suffolk and Essex**

### **1. Moss Control**

During winter, moss can become particularly active. We are currently applying a professional, high-quality moss control product to eliminate moss and prevent spores from spreading. This treatment also helps toughen your grass for the colder months.

### **2. Soil Conditioning and Bio-Stimulant**

**Winter is a crucial time for soil conditioning and applying bio-stimulants to promote root development.**

### **3. Disease Prevention**

**Protect your lawn from common winter diseases with these practices:**

Healthy Lawn Practices: Maintain optimal mowing heights and avoid over-fertilising, which can stress your lawn.

### **4. Snow's Natural Benefits**

Snow can benefit your lawn by acting as a natural insulator, protecting grass from extreme cold. Additionally, snow carries naturally occurring nitrogen from the atmosphere. As snow melts, it releases this nitrogen into the soil, providing essential nutrients that help your grass thrive.

### **5. Lawn aeration**

We are currently carrying out lawn aerations to your lawns up until the end of March 2026. We offer an extensive window to be able to do this, so if you haven't yet considered this or booked your lawn aeration, you still have plenty of time.

### **6. Mowing**

Mowing strictly should be limited this time of year to protect the grass leaf and prevention of any disease spread. However, given milder temperatures and with morning dews present, we do recommend brushing or sweeping your lawns. We do offer a regular lawn mowing programme should this be of any interest.

## **Weather challenges and forecast**

With our forever changing climate making scheduling so very unpredictable, it's a good idea for you to know our limitations as to when and what we can do in difficult conditions. We have put together a series of frequent questions we get asked regarding treatments, and what is safe and what is avoided.

1, Can you apply winter moss control in the rain or showery conditions?

**Yes, we can safely apply the application in showery conditions, as the products are a soluble iron. However, if the rain is persistent and heavy, then no application will be applied.**

2, Is it safe to apply treatments to snow or frost?

**No treatment will be applied during hard frosts, sleet or snow conditions**

3, Can you spray in windy conditions?

**We will not attempt to spray any chemicals should the wind forecast not be suitable**

4, Can you mow in the winter?

**Yes, if the grass is growing then please mow. This greatly increases aesthetics to the lawns and tidies up any debris**

5, Can you still carry out lawn aeration in the rain, frost, sleet or snow?

**Lawn aerations are carried out only if the soil conditions allow us to enter the ground safely and effectively.**



### **2026 Price increases (Lawncare only)**

Unfortunately, we will be implementing a 10% price increase, (to the nearest pound) on all lawncare visits. This will take effect from your spring treatment from March onwards. This is to allow continuous use of professional raw materials we currently source, and to remain competitive.

### **Administration**

Please note that we update all our finances and invoicing weekly on a Thursday generally as a rule of thumb. This does however result in some (premature invoice reminders) being automatically sent out. We completely appreciate how frustrating this can be, and along with its annoyance. Being a small operational business, we do try our very best to allow the time required in dealing with these matters.

## **In conclusion**

Following these seasonal tips and updates, you'll ensure your lawn remains in good nutrition all year round. We aim to continue providing services and expert advice to existing and new clients. Stay tuned for more insights and please do not hesitate to reach out to discover any of our services, questions or concerns or for personalised lawn care solutions.

Remember, a well-maintained lawn reflects your property's prestige. Keep your lawn in prime condition, no matter the season.